Rosa Shouder
The Goal Slayer Academy

THE
GOAL
SLAYER
ACADEMY

The Goal Slayer Positive Affirmation Cards have 62 beautifully illustrated cards, designed to empower and uplift you. Each card features a powerful and positive statement or affirmation that will help you focus on the good in your life and improve your overall mood and well-being.

These cards can be used in a variety of ways, such as picking a card at random each day and repeating the affirmation to yourself or using the cards as prompts for journaling or meditation. By choosing affirmations that resonate with you and using them regularly, you will be able to achieve your goals, slay your inner demons and live a life filled with positivity and purpose.

I will take care of
myself first.
That will give me
the strength I need
to help others.

I am mentally strong enough for anything that comes my way.

THE
GOAL
SLAYER
ACADEMY

I am a loving person who deserves to be loved fully.

THE
GOAL
SLAYER
ACADEMY

I forgive everyone in my past for all perceived wrongs and I release them with love.

THE GOAL SLAYER ACADEMY

Growth is sometimes uncomfortable, yet I have the strength to do it.

THE GOAL SLAYER ACADEMY

I am courageous enough to stick up for myself.

I am taking control of creating the person that I want to be.

THE GOAL SLAYER ACADEMY

All challenges are an opportunity for growth and I am thankful for the chance to evolve.

THE GOAL SLAYER ACADEMY

The love I am
seeking is
seeking me.

THE
GOAL
SLAYER
ACADEMY

I will use my gifts and talents to inspire others.

THE GOAL SLAYER ACADEMY

I celebrate my victories and embrace my failures as opportunities to learn and grow.

THE GOAL SLAYER ACADEMY

My positive thoughts will bring me positive things.

THE GOAL SLAYER ACADEMY

I have a limitless potential to succeed.

THE
GOAL
SLAYER
ACADEMY

I am in charge of
how I feel and today
I choose peace.

THE
GOAL
SLAYER
ACADEMY

I am and will always be more than enough.

THE
GOAL
SLAYER
ACADEMY

I harness my
potential to create
an amazing new
chapter in my life.

THE
GOAL
SLAYER
ACADEMY

THE
GOAL
SLAYER
ACADEMY

What belongs to me will simply find me.
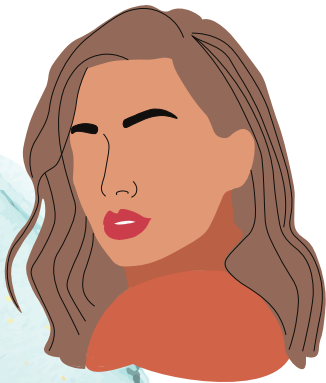
I appreciate and
cherish myself
more and more
every day.

THE
GOAL
SLAYER
ACADEMY

THE
GOAL
SLAYER
ACADEMY

I choose to fall in
love with myself
every day.

I release emotions
that are creating
unhealthy habits.

THE
GOAL
SLAYER
ACADEMY
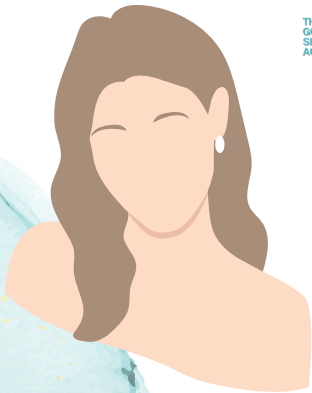
I give thanks for all
things old and new,
for both have made
me who I am.

I can do anything that I set my mind to.

I will attract love based on mutual respect and communication.

THE
GOAL
SLAYER
ACADEMY

I live a life that is whole and complete even while I am still healing.

THE GOAL SLAYER ACADEMY

I will only talk to myself with love, positivity and excitement for the future.

THE GOAL SLAYER ACADEMY

I can be, do or have anything I want.

THE
GOAL
SLAYER
ACADEMY

I believe in my abilities and express my true self with ease.

I love myself and release myself from feelings of guilt, hurt and sorrow.

THE GOAL SLAYER ACADEMY

Each new day I live
is a new beginning
I am open to
experiencing.

THE
GOAL
SLAYER
ACADEMY

I love and care for my body and it cares for me.

THE GOAL SLAYER ACADEMY

My relationships are thriving because I love myself first.

THE GOAL SLAYER ACADEMY

I am grateful for the inner strength that has gotten me this far in life.

THE GOAL SLAYER ACADEMY

I step away from unnecessary drama to preserve my peace.

THE
GOAL
SLAYER
ACADEMY

I am grateful that I have experienced love.

THE
GOAL
SLAYER
ACADEMY

I let go of all the things that make me anxious.

THE GOAL SLAYER ACADEMY

I trust and believe that everything is always working out for my highest good.

I have the power to decide what controls me and my emotions.

THE
GOAL
SLAYER
ACADEMY

I attract healthy people and relationships.

THE
GOAL
SLAYER
ACADEMY

I am attracting
great opportunities
into my life.

THE
GOAL
SLAYER
ACADEMY

I will invest in myself because I am worth it.

THE GOAL SLAYER ACADEMY

THE GOAL SLAYER ACADEMY

I love myself,
respect myself
and accept myself
exactly as I am.

I am allowed to move past the things and people who no longer bring positivity to my life.
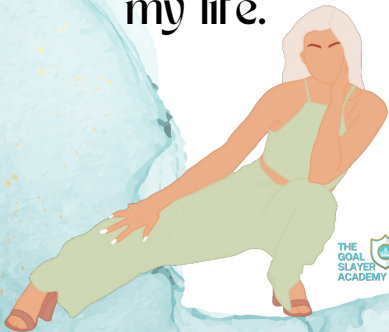
I am committed to living a life I am proud of.

THE
GOAL
SLAYER
ACADEMY

I follow
through on my
commitments to
myself.

Everything I need to be successful is available to me.

THE GOAL SLAYER ACADEMY

I risk being uncomfortable as I become a better version of myself.

THE GOAL SLAYER ACADEMY

I thank even the darkest times, for I must feel the difference to recognize the light.

I am optimistic
and thankful for
my life's path.

THE
GOAL
SLAYER
ACADEMY

I release the past and move into the future with joy and excitement.

I follow my own heart, not the expectations of others.

THE GOAL SLAYER ACADEMY

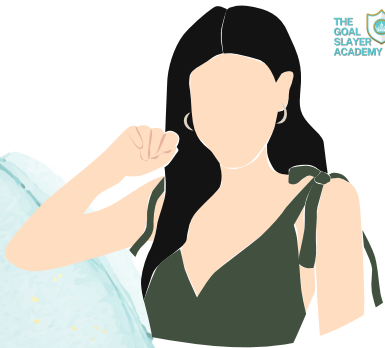I am proud of myself for doing the absolute best that I can.

THE
GOAL
SLAYER
ACADEMY

I deserve to treat myself with the kindness I treat others.

I release all emotional blocks that stop me from enjoying peace of mind.

THE
GOAL
SLAYER
ACADEMY

I will look for
reasons to be
grateful every day.

I start my day in gratitude for what I already have and all of the life blessings that are coming my way.

I give myself permission to ask for help when I need it.

Today I will
attract
abundance.

I send love and healing to every organ of my body.

THE
GOAL
SLAYER
ACADEMY

I have the knowledge and the resources to achieve my dreams.